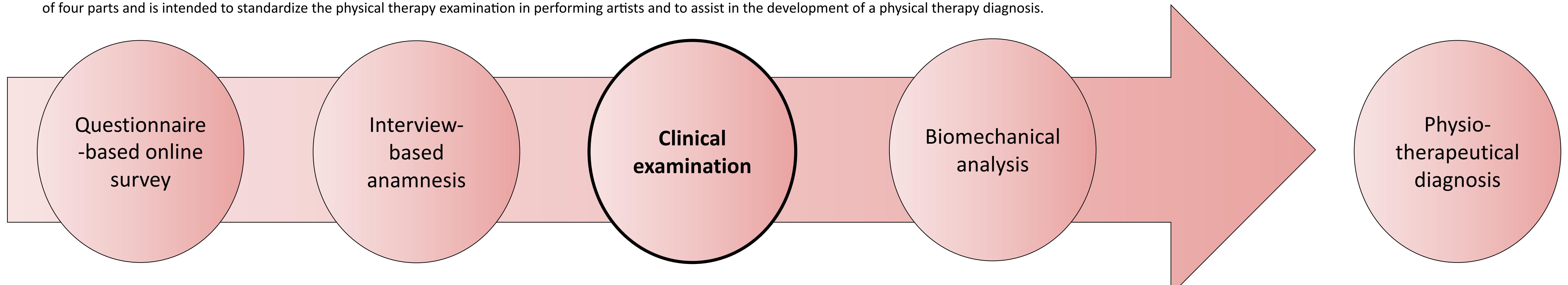
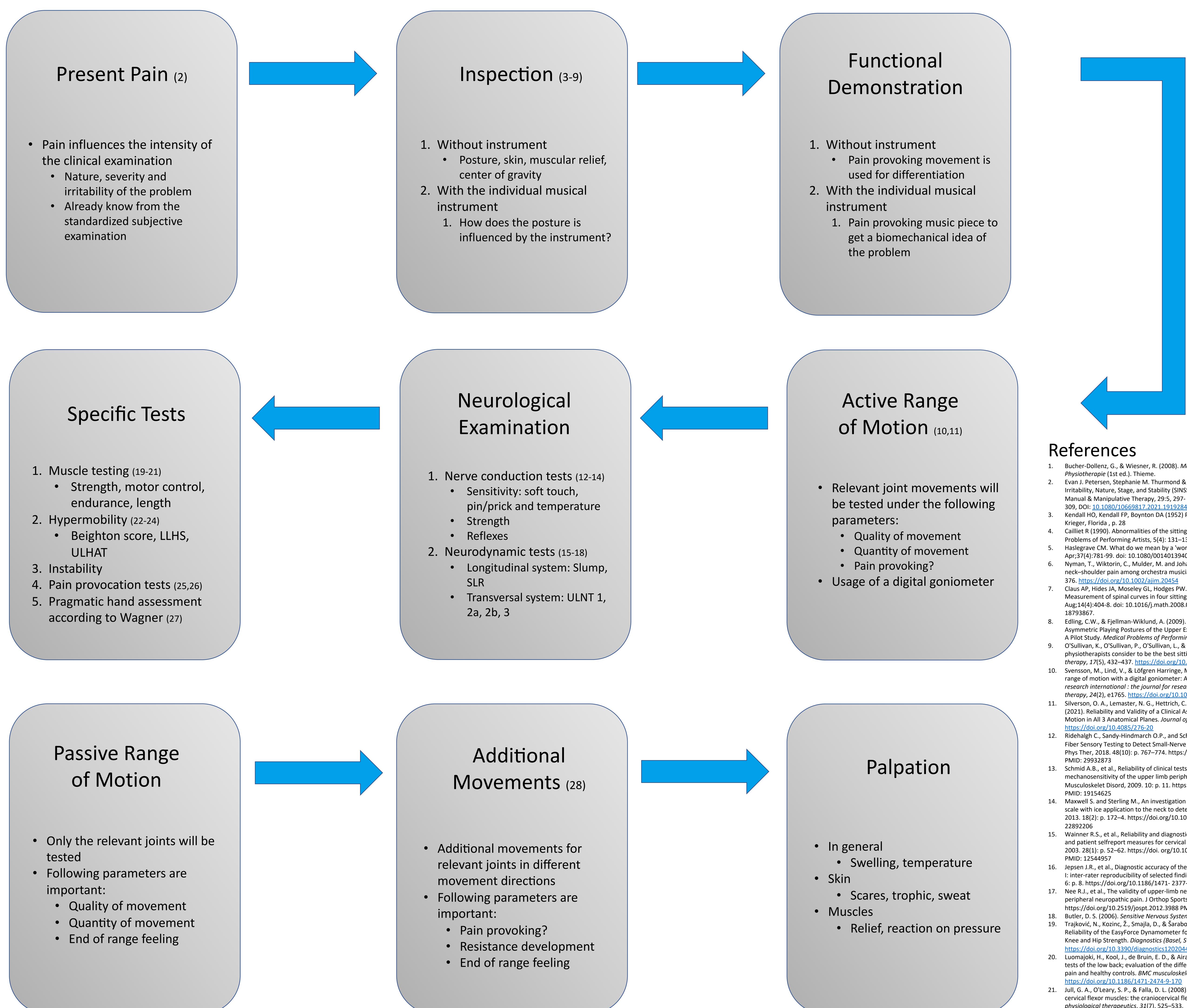


Standardized clinical examination protocol to evaluate performing artists' musculoskeletal health status

Introduction The following clinical examination structure is part of an examination protocol to evaluate performing artists' musculoskeletal health status. It consists of four parts and is intended to standardize the physical therapy examination in performing artists and to assist in the development of a physical therapy diagnosis.



Method The following structure is based on literature research. In addition, the basic structure is related to manual therapy by Maitland (1). In addition, every part of the clinical examination has "if applicable" aspects. This means, the usage of specific parts depends on the individual problem of each patient.



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Conclusion

In general, this procedure provides a workflow for every physiotherapist to support his clinical examination structure. In addition, this pattern results in great individualizability, but also reproducibility to draw interindividual comparisons. It can help provide new information about problems of performing artists and their origin or contributing factors, but also improves the individual health of each patient. As much standardization as possible without losing the individual aspects of each patient will help to produce a high quality of physiotherapy. This structure is currently being tested.



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RefLabPerform – Reference laboratory for the evaluation of neuromusculoskeletal diseases by performing artists

